**Information Notice – Use of Artificial Intelligence (AI) in C2Care Solutions**

**1. What is AI at C2Care?**
At C2Care, we use Artificial Intelligence (AI) to enhance your experience and offer personalized support in improving your mental well-being. Our AI features are used in two key areas:

- **Virtual Social Interactions**: Our virtual characters interact with you in simulated scenarios, allowing you to practice and improve your social skills in a controlled environment.

- **Virtual Coach**: An AI coach guides you during exposure sessions, offering tailored advice based on your needs to help you better manage your emotions.

**Important**: C2Care's AI is not a medical device. It is not a substitute for a therapist and cannot be used to diagnose, treat, or cure any illness.

**2. Autonomous Use and Non-Medical Context**
C2Care tools can be used freely and independently, but it is essential to understand the following limitations:

- **Non-medical nature**: Our solutions do not replace medical supervision or therapy. They are designed to support mental well-being but do not treat mental or physical health disorders.

- **User responsibility**: If you have any doubts or suffer from a medical or mental condition, it is imperative to consult a healthcare professional before using our tools.

**3. Benefits of AI at C2Care**
By using AI in our solutions, you benefit from several advantages:

- **Realistic immersion**: Interacting with virtual characters allows you to simulate real-life situations and develop social skills in a safe environment.

- **Personalized support**: The virtual coach adapts to your specific needs and guides you through therapeutic exercises, while leaving you in control of your progress.

- **Improved mental well-being**: C2Care's solutions help strengthen your emotional regulation and enhance your overall well-being.

**4. Limitations and Precautions**
While our tools are designed to improve your well-being, certain limitations must be respected:

- **No diagnosis or therapy**: C2Care's AI does not provide medical or therapeutic advice. It only supports mental well-being management.

- **Advice in case of disorders**: If you suffer from anxiety, depression, or other mental health conditions, we strongly recommend consulting a healthcare professional. C2Care tools are not a substitute for medical treatment.

## 5. Safety Measures and Error Management
In case of problems or malfunctions, here's what you need to know:

- **Session suspension**: In case of a technical issue, sessions may be automatically paused to ensure your safety.

- **Technical support**: A support team is available to help you resolve any technical problems.

- **Regular updates**: Our solutions are regularly updated to improve performance and ensure optimal use.

## 6. Data Protection
C2Care is committed to protecting your privacy. All data collected through the use of our tools is treated confidentially and securely. It is strictly used internally, solely to improve service quality. No personal data is ever shared with third parties. In partnership with OpenAI, we apply strict data protection and confidentiality standards in compliance with the European GDPR and applicable regulations.

## 7. Conclusion
Our AI solutions are designed to support the improvement of your mental well-being, but they do not replace therapeutic or medical follow-up. For any concerns related to your mental or physical health, we advise you to always seek the opinion of a qualified healthcare professional.